



...november 11, 2020...

**our coffin rooms – squared to tv’s –  
shrink us into media  
enhancing fears of outwardness  
until we shrink to emptiness –**

**refusing to believe and see  
the brilliances of squirrels and birds  
of raccoons – bears – of moths and mice  
of dragonflies and bees and lice –**

**ignoring dandelions and bees  
ignoring mountains grasslands – seas –  
instead preferring to believe  
in finance – rules and disease –**

**yet we are also free to choose  
the sacred reach of bees and birds  
till nature breathes into our soul  
reminding us that we are whole.**

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